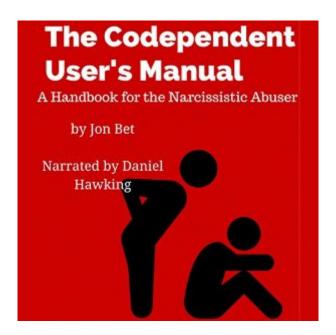
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The Codependent User's Manual: A Handbook For The Narcissistic Abuser





Synopsis

This is not a satire, but it takes a satirical approach to shedding light upon a very dark subject: narcissistic abuse. It is intended to demonstrate to those struggling with codependency just how narcissists actually view them. By listening to their "play book", codependents should be able to recognize covert abuse and avoid its pernicious effects.

Book Information

Audible Audio Edition

Listening Length: 54 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Jon Bet

Audible.com Release Date: January 13, 2016

Whispersync for Voice: Ready

Language: English

ASIN: B01AIMJXMU

Best Sellers Rank: #19 in Books > Health, Fitness & Dieting > Addiction & Recovery > Adult

Children of Alcoholics #74 in Books > Health, Fitness & Dieting > Mental Health > Codependency

#807 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

Shared this with a friend who desperately needed some common sense to snap them out of their rut. It you are not sure if you're being taken advantage of in relationships, life, etc. Read this book and you'll realize you are.

It explains why I feel like a magnet for jerks. I see the tactics clear as day now so hopefully I will be able to spot them and avoid them in the future.

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